



## CHANGING ROOMS SOPs - COVID-19

- **Usage of all Club facilities at Member's discretion and risk.**
- **Strict observance of SOPs is mandatory and dedicated staff on duty will be authorized to ensure implementation of SOPs as per Bye-Law III (6).**
  1. Sanitization of hands at the time of entrance/exit is mandatory.
  2. Social distancing of 6 feet must be observed at all times.
  3. Face masks must be worn at all times except while taking a shower.
  4. All items (towels, paper cups, cans, bottles etc.) must be put in the basket/bin after usage.
  5. At any one time a maximum of 4 ladies allowed in ladies changing room.
  6. At any one time a maximum of 8 members allowed in gents changing room.
  7. Usage of changing room should be limited to a minimum duration.